



“मानव सेवा छेत्र प्रभु सेवा”

मानव सेवा येरीटेबल ट्रस्ट संयालीत
सद्भावना पृध्याश्रम

‘पीपणीया लयन’, स्वामिनारायण गुरुकुण सामे, गॉडल रोड, इाटड पासे, ओपरबीऊनी नीचे,
डी-मार्ट वाणी शेरी, राजकोट. Mo.: 85301 38001 / 80002 88888

Date:- 03/11/2025

CERTIFICATE

TO WHOM IT MAY CONCERN

This is to certify that total 98 students of 4th BHMS (2025-26) of Rajkot Homoeopathic Medical College, Parul University, had visited Sadbhavana Vrudhdhaswram, on dated 03/11/2025 under the guidance of Department of Community Medicine.

Assistant professor Dr. Hasti Dekivadiya (Dept. of Community medicine) & Assistant professor Dr. Parth Dave (Dept. of Case taking & Repertory) accompanied & guided the students during visit.

MANAVSEVA HERITABLE TRUST

APEX

**RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
PARUL UNIVERSITY
DEPARTMENT OF COMMUNITY MEDICINE
PROPOSAL LETTER**

To,
The Principal,
Rajkot Homoeopathic Medical College
Parul university
Gujarat

DATE: 4/10/2025

Sub: To arrange an academic visit to any Old Age Home

Respected sir,

As per the curriculum by the National Commission for Homoeopathy (Government of India), it is mandatory to arrange an academic visit for the students of 4th BHMS (Session- 2025-2026) at any Old Age Home for their academic purposes. So, in this regard Department of Community medicine is seeking your permission to conduct an Academic visit to any Old Age Home, Gujarat, which will be convenient for our students, preferably in the month of November 2025.

Your kind co-operation is highly solicited.

Thanking you,

Your's faithfully




Dr. Kalpesh Dalsaniya
I/C H.O.D

Department of Community Medicine.

HOD
Department of
Community Medicine

*seen
07/10/25*



Parul[®]
University

NAAC
GRADE A++

DEPARTMENT OF COMMUNITY MEDICINE

Date- 6-10-2025

To,
The Manager/Administrator,
Sadbhavna Vruddhashram,
10, Gondal Rd, Vaid Vadi, Sardar Nagar,
Rajkot, Gujarat.
360004

Sub: To arrange an academic visit to Old Age Home.

Respected sir,

As per the curriculum by the National Commission for Homoeopathy (Government of India), it is mandatory to arrange an academic visit for the students of 4th BHMS (2025 -2026) at any Old Age Home for their academic purposes. So, in this regard Department of Community medicine is seeking your permission to conduct an Academic visit to Sadbhavna Vruddhashram, Rajkot, Gujarat, at any convenient date to you, preferably in the month of November 2025. Our students are eagerly awaiting the privilege of visiting your esteemed institution at Rajkot and spending quality time with the residents.

Your kind co-operation is highly solicited.

I-50 - 3/11/2025
ST-10 - 4/11/2025

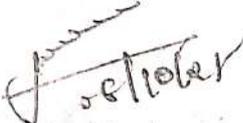
Thanking you,
Yours sincerely,




Dr. Kalpesh Dalsaniya
I/C H.O.D

Department of Community Medicine.

HOD
Department of
Community Medicine


Prof (Dr) H.N. Mehta
PRINCIPAL

Rajkot Homoeopathic Medical College

PRINCIPAL
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
RAJKOT.

Rajkot Homoeopathic Medical College
Faculty of Homoeopathy

MANAVSEVA HERITABLE TRUST


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www.paruluniversity.ac.in

PARUL UNIVERSITY
RAJKOT HOMOEOPATHIC MEDICAL COLLEGE
DEPARTMENT OF COMMUNITY MEDICINE

Date - 8/10/2025

CIRCULAR

All the students of 4th BHMS are hereby informed that
Department of Community Medicine has organized an academic visit to
Sadbhava Vrudhashram
..... On 3/11/2025

Your presence is mandatory. Absence without prior permission will attract a
disciplinary action.




8/10/25
H.O.D.

Department of Community Medicine.

HOD
Department of
Community Medicine



A Report on visit to
SADBHAVNA VRIDHASHAM

On 3rd November, 2025
At Gondal Road, Rajkot 360004

ORGANISED BY,
DEPARTMENT OF COMMUNITY MEDICINE

GUIDED BY :

Dr. Kalpesh Dalsaniya (I/C HOD)
Dr. Hasti Dekivadiya
(assistant professor)

PREPARED BY :

Visapara Mihir
Roll no : 99
4th BHMS (2025 -2026)




HOD
Department of
Community Medicine

Introduction:

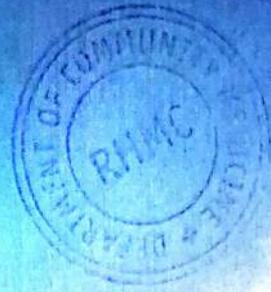
As part of the Community Medicine curriculum, a field visit to Sadbhavna Vridhashram was organized on 3rd November 2025. The primary purpose of this visit was to understand the health, social, and psychological issues faced by elderly individuals living in old age homes, and to observe the functioning and services offered by the institution.



Objectives of the Visit:

1. To study the socio-demographic profile of elderly residents.
2. To understand the physical, mental, and emotional health problems of geriatric population.
3. To assess the facilities and healthcare services provided by the institution.
4. To create awareness about geriatric care, social responsibility, and community support systems.
5. To develop empathy, communication skills, and professional approach while dealing with elderly patients.





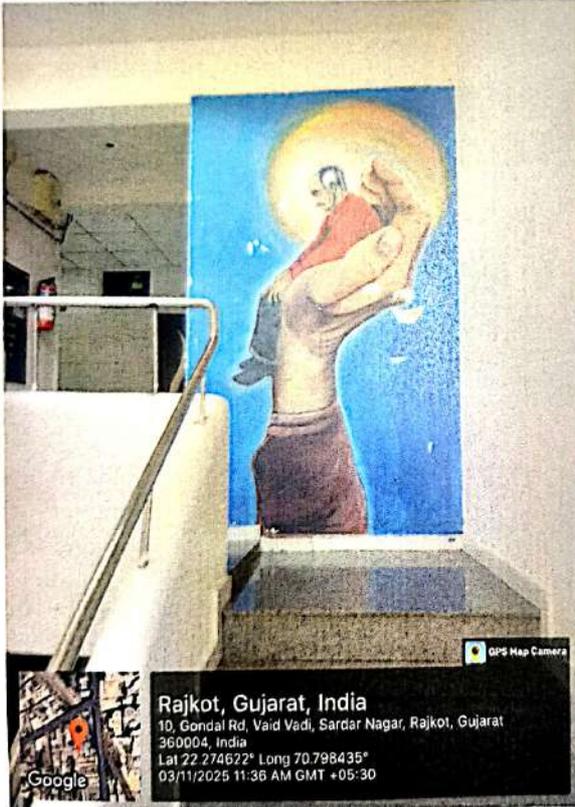
પીપળીયા ભવન સદ્ભાવના વૃદ્ધાશ્રમ

GPS Map Camera



Google

Rajkot, Gujarat, India 
10, Gondal Rd, Vaid Vadi, Sardar Nagar, Rajkot,
Gujarat 360004, India
Lat 22.274638° Long 70.79862°
Monday, 03/11/2025 11:30 AM GMT +05:30

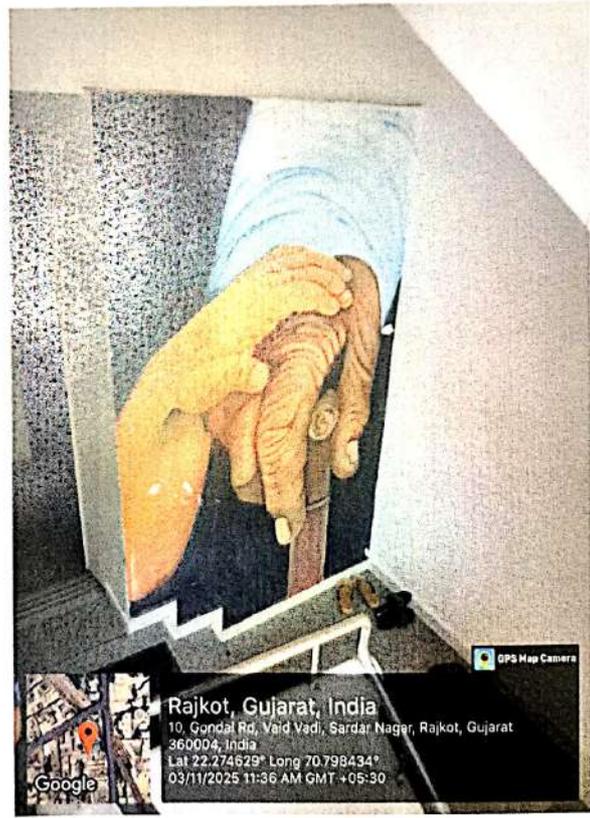


GPS Map Camera



Google

Rajkot, Gujarat, India
10, Gondal Rd, Vaid Vadi, Sardar Nagar, Rajkot, Gujarat
360004, India
Lat 22.274622° Long 70.798435°
03/11/2025 11:36 AM GMT +05:30



GPS Map Camera

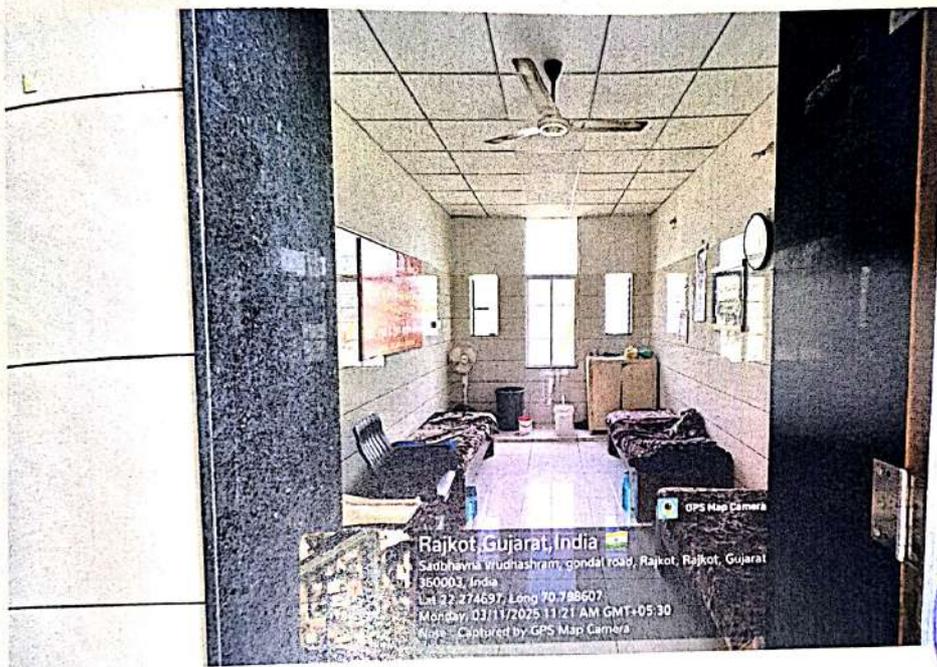


Google

Rajkot, Gujarat, India
10, Gondal Rd, Vaid Vadi, Sardar Nagar, Rajkot, Gujarat
360004, India
Lat 22.274629° Long 70.798434°
03/11/2025 11:36 AM GMT +05:30

About Sadbhavna Vridhashram:

Sadbhavna Vridhashram is a non-governmental organization that provides shelter, food, medical support, and emotional care to senior citizens who are homeless, abandoned, or without family support.



Activities Conducted

During the visit, the following activities were carried out:

Introduction Session: Interaction with management and staff to understand the mission and operations of the Vridhashram.

Tour of Facility: Observation of living area, dining hall, medical room, recreation area, and sanitation facilities.



Health Interaction: We interacted with elderly residents to understand their health conditions like hypertension, diabetes, arthritis, dementia, depression, and other chronic illnesses.

Counseling & Health Education: Importance of balanced diet and physical activity
Personal hygiene and mental wellbeing
Counselling regarding chronic diseases and medication adherence.

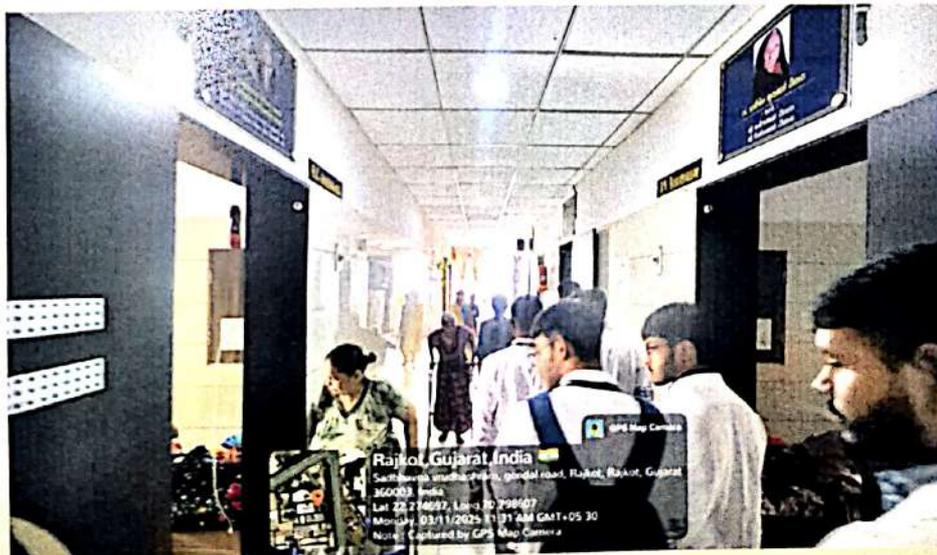
Observations:

Most residents belonged to a lower socio-economic background and were dependent on institutional support.

Major health issues observed included hypertension, diabetes, decreased mobility, visual impairment, hearing loss, and social loneliness.

Many residents expressed emotional distress due to loss of family support and loneliness.

The institution provides basic medical facilities, nutritious meals, regular health checkups, and social/recreational activities.





Rajkot, Gujarat, India
Sadbhavna vrudhashram, gondal road, Rajkot, Rajkot, Gujarat
360003, India
Lat 22.274697, Long 70.798607
Monday, 03/11/2025 11:31 AM GMT+05:30
Note : Captured by GPS Map Camera



Rajkot, Gujarat, India
Sadbhavna vrudhashram, gondal road, Rajkot, Rajkot, Gujarat
360003, India
Lat 22.274697, Long 70.798607
Monday, 03/11/2025 11:21 AM GMT+05:30
Note : Captured by GPS Map Camera



Rajkot, Gujarat, India
10, Gondal Rd, Vaid Vadi, Sangdar Nagar, Rajkot, Gujarat 360004, India
Lat 22.27459° Long 70.798409°
03/11/2025 11:37 AM GMT+05:30

Conclusion:

The visit to Sadbhavna Vridhashram was a valuable learning experience. It highlighted the need for compassion, social responsibility, and improved community-based elder care services. The visit reinforced the importance of integrating medical knowledge with humanity and ethical responsibility towards the elderly population.



Rajkot Homoeopathic Medical College, Rajkot, Parul University

4th BHMS Sub. :

Date:

No	Name	Signature	Remark
1	Ajani Vishakha Rajeshbhai		
2	Ardeshna Nirali Kalpeshbhai		
3	Bavaliya Isha Vipulbhai		
4	Bhalodiya Divyata Kiritbhai		
5	Bhatti Deep Mineshbhai		
6	Bhensadadiya Vrunda Rajeshbhai		
7	Bhetariya Karan Ramshibhai		
8	Bhuva Khushi Ashokbhai		
9	Boghara Akshit Hareshbhai		
10	Busa Naisargi Sanjaybhai		
11	Chaudhari Sohagiben Anilbhai		
12	Chauhan Lalji Punabhai		
13	Chauhan Monika Narayanbhai		
14	Chauhan Vishvrajsinh Arvindsinh		
15	Chavda Hardik Maheshbhai		
16	Chavda Mansiben Pankajbhai		
17	Chhayani Vishna Sureshbhai		
18	Damor Laxmiben Dineshbhai		
19	Dela Munir Rajakbhai		
20	Desai Vishal Manjibhai		
21	Dharaviya Monika Jasabhai		
22	Dikhit Ravikumar Rajansinh		28/3/2004
23	Doshi Krina Mayurbhai		
24	Gadara Viren Kamleshbhai		
25	Gadhiya Shruti Maganbhai		
26	Gadhvi Dev Aidan		
27	Galani Jenisha Sureshbhai		
28	Garasiya Miteshkumar Maganlal		
29	Geda Divyesh Narendrabhai		13/3/2004
30	Geriya Nidhi Manojbhai		
31	Gevariya Arpit Sanjaybhai		
32	Gohel Pratik Lalitkumar		
33	Goswami Darshangiri Maheshgiri		18/2/2004
34	Gumasana Janki Sanjaybhai		
35	Hadiya Ankita Jagdishbhai		
36	Hariyani Bipin Ishwarbhai		14/11/2003
37	Harsora Krisha Vijaybhai		
38	Hirapara Krushika Jentibhai		
39	Jadeja Chhatrapalsinh N.		
40	Jariya Darshna Natvarbhai		
41	Jinjala Payal Jivrajbhai		
42	Joshi Mansi Jayeshbhai		
43	Kaliya Falguni Hardevbhai		
44	Kamaliya Kavita Vallabhbhai		
45	Kanzariya Poojaben Dineshbhai		
46	Karia Kairavi Dipakbhai		13/3/2003
47	Katariya Krinal Hareshbhai		
48	Katrodiya Jatin Karsanbhai		
49	Ladumor Abhay Nagjibhai		
50	Ladumor Urvashiben Dineshbhai		

Name	Signature	Remark
Lalkiya Aasta Bhikhubhai		
Limbasiya Dixit Jagdishbhai		
Limbasiya Hetvi Arvindbhai		
Makwana Paril Nileshbhai		
Maradiya Anjani Gautambhai		
Mehta Aayushi Ghanshyam		
Merani Vishal Ashvinbhai		
Mogal Faizal Javedbhai		
Mungara Dhruvil Ashvinbhai		
Nimavat Pallavi Kiritbhai		
Pansuriya Ritika Manojbhai		
Parmar Ishita Govindbhai		11/10/2002
Parmar Omkesh Bhikhabhai		
Parmar Urvikumar Vibhuvanbhai		
Patel Devika Satishbhai		
Patel Vrund Mahendrabhai		13/12/2003
Pathak Hetvi Jayeshbhai		
Patvana Komal Nileshbhai		
Pipaliya Shruti Manishbhai		
Pipalva Rutika Jayeshbhai		
Parmar Prarthna Kalpeshbhai		
Rathod Geetaben Bhupatbhai		
Rathod Hiren Anilbhai		
Rathod Pruthvirajsinh Samatsinh		
Rathod Shailee Nayanbhai		30/11/2003
Sakhiya Shruti Jayeshbhai		20/6/2003
Sanghani Ridham Dipakbhai		
Saresa Deepali Vijaybhai		27/11/2001
Solanki Anjali Bharatbhai		
Solanki Shivangi Maldebhai		
Sorathiya Isha Manishbhai		
Tarapada Darshita Bharatbhai		14/11/2002
Timbadiya Swati Bhaveshbhai		3/8/2004
Umraniya Himanshu Rohit		
Umretiya Aevanshi Narendrabhai		
Undhad Jay Kamleshbhai		
Vadoliya Divyesh Maheshbhai		
Vaishnav Vishva Mehulbhai		
Vekariya Dipal Hareshbhai		
Vekariya Pratik Kanubhai		
Vekaria Komal Vimalbhai		13/2/2003
Vidja Vivekkumar Hareshbhai		
Visapara Mihir Jitendrabhai		
Wadhar Dhruvi Mukulbhai		
Repeater		
95 Humbal Mansi Atulbhai		
96 Pabari Esha Kishorbhai		

